

## **CROWLEY INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL BYLAWS**

**Mission Statement:** Crowley ISD School Health Advisory Council (SHAC) will help raise awareness of the importance of a healthy lifestyle.

Vision Statement: The Crowley Independent School District SHAC will help:

- Promote collaboration with school and community resources to provide a safe learning environment for all students.
- Raise awareness of the importance of a healthy lifestyle with behaviors and choices necessary to maintain optimal physical and mental health for students and staff.
- Support and offer the tools to become successful, contributing members of society.

**Purpose:** The purpose of the SHAC is to ensure that local community values and health issues are reflected in the District's health education instruction.

**Membership:** The Board shall appoint at least five members to the council, a majority of whom must be parents of students enrolled in the District and must not be employed by the District. One of those members shall serve as chair or co-chair of the council. The Board may also appoint one or more public school teachers, public school administrators, District students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of other groups. [School Board Policy BDF (Legal)].

**Meetings:** The SHAC shall meet at minimum of four times per year. Meeting dates, times, and locations will be determined by the chairperson(s) of the SHAC. Notification will be made via Email. Agenda will be set by the chairperson(s) of the SHAC and will be based upon minutes from the previous meeting and current issues of importance in the school district. Minutes from the previous meeting will be reviewed at each meeting.

**Officers:**

- Co-Chairperson(s) of the SHAC will be the School Health Coordinator for Crowley ISD and one of the parent members of the SHAC.
- A secretary will be appointed by the Co-Chairpersons.
- Leadership will serve for at least two years. This term may be extended if the majority of members feel it is in the best interest of the SHAC.
- Resignation of officers during the two year period will be made in writing to the School Health Coordinator.

**Duties:** The council's duties include recommending:

- The number of hours of instruction to be provided in health education
- Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco

- Appropriate grade levels and methods of instruction for human sexuality instruction. They shall advise the board on any instruction relating to human sexuality, sexually transmitted diseases, HIV, AIDS.
- Strategies for integrating the curriculum components specified above with the following elements in a coordinated school health program:
  - School health services
  - Counseling and guidance services
  - A safe and healthy school environment
  - School employee wellness [School Board Policy EHAA (LEGAL)].
- In addition to its other duties, the council shall submit to the Board, at least annually, a written report that includes:
  - Any council recommendation concerning the District's health education curriculum and instruction or related matters that the council has not previously submitted to the Board
  - Any suggested modification to a council recommendation previously submitted to the Board
  - A detailed explanation of the council's activities during the period between the date of the current report and the date of the last prior written report. [School Board Policy BDF (LEGAL)].

#### Voting Procedures:

- One half of the SHAC members must be present for a vote to be taken and two thirds of those members present must vote for a motion in order to approve it.
- Votes will be by show of hand or secret ballot as determined by the chairperson.

#### Committees or Work Groups:

- Ad hoc committees will be appointed by the chairperson(s) on an as needed basis.
- Any committees formed will keep written minutes of their work to submit to the general membership at the next scheduled meeting.

#### Communications:

- The Director of Health Services will inform the school administration of the recommendations made by the SHAC.
- The chairperson(s) or secretary will work with the CISD Public Information Officer on any press released to inform the community about its activities.
- A SHAC notebook will be kept by the chairperson(s) and secretary for past and current records of the School Health Advisory Council.

#### Amendments:

- Original bylaws shall be approved by charter members.
- Any amendments to the bylaws shall be voted on by the membership of the SHAC.